



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Marschik, Franz

Club: LG Rems-Welland

Number: 156

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:39

Speed: 8.72 km/h

Running performance: 6:28 min/km

Rank in course/Total: 193 (of 346)

Rank in course/Men: 160 (of 239)

Best time in course: 51:11

Rank in category: 19(of 23)

Best time in the category: 55:00

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	14:10	4:43	19	3:15	154	3:44	3.00	14:10	4:43	19	3:15	154	3:44
Lap 2	1.00	5:47	5:46	19	1:20	162	1:46	4.00	19:57	4:59	19	4:35	157	5:30
Lap 3	1.00	6:14	6:14	20	1:41	168	2:08	5.00	26:11	5:14	19	6:16	160	7:38
Lap 4	1.00	7:11	7:11	20	2:03	176	2:32	6.00	33:22	5:33	19	8:19	163	10:10
Last lap Hermann	2.60	17:02	6:33	20	4:41	160	5:33	8.60	50:24	5:51	19	13:00	161	15:43
vor der Schiene	2.63	21:55	8:20	20	6:45	166	8:13	11.23	1:12:19	6:26	19	19:45	162	23:20
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:20	7:24	20	0:55	173	1:12	11.70	1:15:39	6:27	19	20:39	162	1:15:39