



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Pütke, Dr. Tina

Club: ASC Rosellen/Neuss

Number: 181

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:18:09

Speed: 8.45 km/h

Running performance: 6:41 min/km

Rank in course/Total: 211 (of 346)

Rank in course/Women: 40 (of 107)

Best time in course: 58:28

Rank in category: 4(of 9)

Best time in the category: 1:03:50

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	14:46	4:55	5	1:45	39	2:27	3.00	14:46	4:55	5	1:45	39	2:27
Lap 2	1.00	5:52	5:51	4	0:45	33	1:04	4.00	20:38	5:09	5	2:30	39	3:31
Lap 3	1.00	6:16	6:15	4	1:01	39	1:27	5.00	26:54	5:22	4	3:31	38	4:58
Lap 4	1.00	7:19	7:18	4	1:26	42	1:55	6.00	34:13	5:42	4	4:57	36	6:51
Last lap Hermann	2.60	18:08	6:58	4	3:23	42	4:57	8.60	52:21	6:05	4	8:20	40	11:48
vor der Schiene	2.63	22:23	8:30	3	5:13	41	6:56	11.23	1:14:44	6:39	4	13:33	40	18:44
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:25	7:35	4	0:46	49	0:57	11.70	1:18:09	6:40	4	14:19	41	1:18:09