



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Bittner, Holger

Club: Brockenlaufverein Ilsenburg
Number: 20

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:18:12

Speed: 8.44 km/h
Running performance: 6:41 min/km

Rank in course/Total: 212 (of 346)

Rank in course/Men: 172 (of 239)

Best time in course: 51:11

Rank in category: 20(of 30)

Best time in the category: 1:00:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	14:50	4:56	20	2:55	170	4:24	3.00	14:50	4:56	20	2:55	170	4:24
Lap 2	1.00	6:09	6:09	20	1:21	181	2:08	4.00	20:59	5:14	20	4:16	173	6:32
Lap 3	1.00	6:32	6:31	21	1:35	189	2:26	5.00	27:31	5:30	20	5:48	177	8:58
Lap 4	1.00	7:26	7:26	20	1:48	184	2:47	6.00	34:57	5:49	20	7:36	176	11:45
Last lap Hermann	2.60	18:00	6:55	20	4:13	183	6:31	8.60	52:57	6:09	20	11:39	177	18:16
vor der Schiene	2.63	21:58	8:21	19	5:31	168	8:16	11.23	1:14:55	6:40	20	17:06	175	25:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:17	7:17	16	0:46	161	1:09	11.70	1:18:12	6:41	21	1:18:12	174	1:18:12