



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Mangold-Wolf, Paula**

Club: PTSV Rosenheim

Number: 153

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:19:42

Speed: 8.28 km/h

Running performance: 6:49 min/km

Rank in course/Total: 226 (of 346)

Rank in course/Women: 44 (of 107)

Best time in course: 58:28

Rank in category: 4(of 11)

Best time in the category: 1:13:01

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	15:30	5:10	3	1:04	48	3:11	3.00	15:30	5:10	3	1:04	48	3:11
Lap 2	1.00	6:20	6:19	4	0:35	50	1:32	4.00	21:50	5:27	3	1:39	48	4:43
Lap 3	1.00	6:31	6:30	4	0:33	48	1:42	5.00	28:21	5:40	4	2:12	49	6:25
Lap 4	1.00	7:26	7:26	4	0:32	46	2:02	6.00	35:47	5:57	4	2:44	48	8:25
Last lap Hermann	2.60	18:23	7:04	4	1:49	46	5:12	8.60	54:10	6:17	4	4:33	48	13:37
vor der Schiene	2.63	22:13	8:26	4	2:00	39	6:46	11.23	1:16:23	6:48	4	6:33	44	20:23
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:19	7:22	4	0:08	42	0:51	11.70	1:19:42	6:48	4	6:41	45	1:19:42