



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Wolter, Michael

Club: SV Bergdorf-Höhn

Number: 255

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:20:02

Speed: 8.25 km/h

Running performance: 6:50 min/km

Rank in course/Total: 228 (of 346)

Rank in course/Men: 183 (of 239)

Best time in course: 51:11

Rank in category: 19(of 27)

Best time in the category: 1:03:14

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	15:20	5:06	16	2:51	183	4:54	3.00	15:20	5:06	16	2:51	183	4:54
Lap 2	1.00	6:07	6:06	16	1:08	178	2:06	4.00	21:27	5:21	16	3:59	180	7:00
Lap 3	1.00	6:32	6:31	22	1:27	189	2:26	5.00	27:59	5:35	17	5:26	179	9:26
Lap 4	1.00	7:05	7:04	13	1:19	169	2:26	6.00	35:04	5:50	17	6:45	180	11:52
Last lap Hermann	2.60	17:56	6:53	19	3:35	178	6:27	8.60	53:00	6:09	17	10:20	180	18:19
vor der Schiene	2.63	23:25	8:54	20	5:23	188	9:43	11.23	1:16:25	6:48	19	15:43	183	27:26
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:37	8:02	19	1:05	195	1:29	11.70	1:20:02	6:50	19	16:48	185	1:20:02