



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hoffmann, Brigitte

Club: LG Welfen

Number: 97

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:20:28

Speed: 8.20 km/h

Running performance: 6:53 min/km

Rank in course/Total: 233 (of 346)

Rank in course/Women: 47 (of 107)

Best time in course: 58:28

Rank in category: 1(of 10)

Best time in the category: 1:20:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	15:13	5:04	1	-	43	2:54	3.00	15:13	5:04	1	-	43	2:54
Lap 2	1.00	6:09	6:09	1	-	44	1:21	4.00	21:22	5:20	1	-	43	4:15
Lap 3	1.00	6:36	6:35	1	-	50	1:47	5.00	27:58	5:35	1	-	45	6:02
Lap 4	1.00	7:55	7:55	2	0:13	58	2:31	6.00	35:53	5:58	1	-	49	8:31
Last lap Hermann	2.60	18:23	7:04	2	0:05	46	5:12	8.60	54:16	6:18	1	-	49	13:43
vor der Schiene	2.63	22:42	8:37	3	0:36	43	7:15	11.23	1:16:58	6:51	1	-	47	20:58
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:30	7:46	3	0:06	56	1:02	11.70	1:20:28	6:52	1	-	48	1:20:28