



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Flexeder, Gerhard**

Club: SVG Ruhstorf/Rott

Number: 62

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:22:33

Speed: 8.00 km/h

Running performance: 7:04 min/km

Rank in course/Total: 241 (of 346)

Rank in course/Men: 190 (of 239)

Best time in course: 51:11

Rank in category: 22(of 27)

Best time in the category: 1:03:14

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	14:43	4:54	13	2:14	164	4:17	3.00	14:43	4:54	13	2:14	164	4:17
Lap 2	1.00	5:49	5:48	14	0:50	163	1:48	4.00	20:32	5:08	14	3:04	164	6:05
Lap 3	1.00	6:08	6:08	14	1:03	164	2:02	5.00	26:40	5:20	14	4:07	164	8:07
Lap 4	1.00	7:05	7:04	13	1:19	169	2:26	6.00	33:45	5:37	14	5:26	165	10:33
Last lap Hermann	2.60	17:40	6:47	17	3:19	171	6:11	8.60	51:25	5:58	14	8:45	166	16:44
vor der Schiene	2.63	26:56	10:14	24	8:54	217	13:14	11.23	1:18:21	6:58	21	17:39	190	29:22
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:12	9:20	25	1:40	221	2:04	11.70	1:22:33	7:03	22	19:19	192	1:22:33