



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Märker, Ragnar

Club: TSV Lelm

Number: 333

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:23:18

Speed: 7.92 km/h

Running performance: 7:07 min/km

Rank in course/Total: 243 (of 346)

Rank in course/Men: 192 (of 239)

Best time in course: 51:11

Rank in category: 23(of 24)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	16:08	5:22	23	5:03	198	5:42	3.00	16:08	5:22	23	5:03	198	5:42
Lap 2	1.00	6:30	6:30	23	2:07	200	2:29	4.00	22:38	5:39	23	7:10	198	8:11
Lap 3	1.00	6:46	6:46	23	2:15	197	2:40	5.00	29:24	5:52	23	9:22	199	10:51
Lap 4	1.00	7:52	7:51	23	2:44	194	3:13	6.00	37:16	6:12	23	12:03	197	14:04
Last lap Hermann	2.60	18:47	7:13	23	6:09	193	7:18	8.60	56:03	6:31	23	18:12	195	21:22
vor der Schiene	2.63	23:33	8:57	22	8:11	190	9:51	11.23	1:19:36	7:05	23	26:23	193	30:37
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:42	8:13	24	1:21	202	1:34	11.70	1:23:18	7:07	23	27:38	194	1:23:18