



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Fäthke, Arnt

Club: Marathonclub Walsrode

Number: 290

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:23:30

Speed: 7.90 km/h

Running performance: 7:08 min/km

Rank in course/Total: 247 (of 346)

Rank in course/Men: 195 (of 239)

Best time in course: 51:11

Rank in category: 14(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	14:39	4:53	12	2:00	162	4:13	3.00	14:39	4:53	12	2:00	162	4:13
Lap 2	1.00	5:56	5:56	13	0:51	168	1:55	4.00	20:35	5:08	13	2:49	165	6:08
Lap 3	1.00	6:25	6:25	13	1:07	181	2:19	5.00	27:00	5:24	13	3:54	167	8:27
Lap 4	1.00	7:53	7:53	14	2:04	195	3:14	6.00	34:53	5:48	13	5:46	175	11:41
Last lap Hermann	2.60	19:22	7:26	14	4:43	197	7:53	8.60	54:15	6:18	14	10:27	188	19:34
vor der Schiene	2.63	25:41	9:45	16	7:41	208	11:59	11.23	1:19:56	7:07	14	18:08	196	30:57
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:34	7:55	14	0:45	191	1:26	11.70	1:23:30	7:08	14	18:53	197	1:23:30