



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hübner, Sylke

Club: SV Lok Blankenburg 1949 e.V.
Number: 104

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:24:00

Speed: 7.86 km/h
Running performance: 7:11 min/km

Rank in course/Total: 250 (of 346)

Rank in course/Women: 55 (of 107)

Best time in course: 58:28

Rank in category: 6(of 11)

Best time in the category: 1:04:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	15:43	5:14	5	3:23	51	3:24	3.00	15:43	5:14	5	3:23	51	3:24
Lap 2	1.00	6:30	6:30	8	1:19	58	1:42	4.00	22:13	5:33	5	4:33	52	5:06
Lap 3	1.00	6:45	6:45	7	1:24	56	1:56	5.00	28:58	5:47	5	5:48	52	7:02
Lap 4	1.00	7:42	7:42	5	1:41	50	2:18	6.00	36:40	6:06	5	7:00	51	9:18
Last lap Hermann	2.60	19:27	7:28	7	4:39	62	6:16	8.60	56:07	6:31	6	11:22	55	15:34
vor der Schiene	2.63	24:29	9:18	9	7:14	62	9:02	11.23	1:20:36	7:10	7	18:36	56	24:36
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:24	7:33	6	0:44	47	0:56	11.70	1:24:00	7:10	6	19:20	56	1:24:00