



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Von Klitzing, Margit

Club: LG Maifeld Pellenz

Number: 236

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:24:26

Speed: 7.82 km/h

Running performance: 7:13 min/km

Rank in course/Total: 253 (of 346)

Rank in course/Women: 58 (of 107)

Best time in course: 58:28

Rank in category: 5(of 11)

Best time in the category: 1:13:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	15:59	5:19	5	1:33	54	3:40	3.00	15:59	5:19	5	1:33	54	3:40
Lap 2	1.00	6:31	6:30	5	0:46	60	1:43	4.00	22:30	5:37	5	2:19	56	5:23
Lap 3	1.00	6:40	6:40	5	0:42	52	1:51	5.00	29:10	5:50	5	3:01	55	7:14
Lap 4	1.00	7:57	7:57	5	1:03	60	2:33	6.00	37:07	6:11	5	4:04	56	9:45
Last lap Hermann	2.60	18:57	7:17	5	2:23	53	5:46	8.60	56:04	6:31	5	6:27	54	15:31
vor der Schiene	2.63	24:32	9:19	5	4:19	63	9:05	11.23	1:20:36	7:10	5	10:46	56	24:36
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:50	8:31	6	0:39	71	1:22	11.70	1:24:26	7:12	5	11:25	59	1:24:26