



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Erhardt, Bernd

Club: LG Brandenkopf

Number: 51

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:24:31

Speed: 7.81 km/h

Running performance: 7:13 min/km

Rank in course/Total: 254 (of 346)

Rank in course/Men: 196 (of 239)

Best time in course: 51:11

Rank in category: 23(of 27)

Best time in the category: 1:03:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:58	5:39	24	4:29	210	6:32	3.00	16:58	5:39	24	4:29	210	6:32
Lap 2	1.00	6:41	6:41	24	1:42	204	2:40	4.00	23:39	5:54	24	6:11	210	9:12
Lap 3	1.00	7:06	7:05	24	2:01	208	3:00	5.00	30:45	6:09	24	8:12	210	12:12
Lap 4	1.00	8:21	8:20	24	2:35	211	3:42	6.00	39:06	6:30	24	10:47	210	15:54
Last lap Hermann	2.60	19:02	7:19	23	4:41	195	7:33	8.60	58:08	6:45	24	15:28	205	23:27
vor der Schiene	2.63	22:46	8:39	19	4:44	179	9:04	11.23	1:20:54	7:12	23	20:12	197	31:55
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:37	8:02	19	1:05	195	1:29	11.70	1:24:31	7:13	23	21:17	198	1:24:31