



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Knäble, Rosi

Club: LG Brandenkopf

Number: 121

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:24:51

Speed: 7.78 km/h

Running performance: 7:15 min/km

Rank in course/Total: 257 (of 346)

Rank in course/Women: 61 (of 107)

Best time in course: 58:28

Rank in category: 4(of 10)

Best time in the category: 1:20:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.00 | 16:51 | 5:37 | 4 | 1:38 | 70 | 4:32 | 3.00 | 16:51 | 5:37 | 4 | 1:38 | 70 | 4:32 |
| Lap 2 | 1.00 | 6:42 | 6:42 | 4 | 0:33 | 66 | 1:54 | 4.00 | 23:33 | 5:53 | 4 | 2:11 | 67 | 6:26 |
| Lap 3 | 1.00 | 6:57 | 6:57 | 4 | 0:21 | 67 | 2:08 | 5.00 | 30:30 | 6:05 | 4 | 2:32 | 65 | 8:34 |
| Lap 4 | 1.00 | 8:09 | 8:09 | 4 | 0:27 | 70 | 2:45 | 6.00 | 38:39 | 6:26 | 4 | 2:46 | 66 | 11:17 |
| Last lap Hermann | 2.60 | 19:29 | 7:29 | 4 | 1:11 | 64 | 6:18 | 8.60 | 58:08 | 6:45 | 4 | 3:52 | 65 | 17:35 |
| vor der Schiene | 2.63 | 23:17 | 8:51 | 4 | 1:11 | 47 | 7:50 | 11.23 | 1:21:25 | 7:14 | 4 | 4:27 | 61 | 25:25 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 3:26 | 7:37 | 2 | 0:02 | 50 | 0:58 | 11.70 | 1:24:51 | 7:15 | 4 | 4:23 | 62 | 1:24:51 |