



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Fürer, Michael

Club: Laufclub BlueLiner

Number: 298

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:26:04

Speed: 7.67 km/h

Running performance: 7:22 min/km

Rank in course/Total: 264 (of 346)

Rank in course/Men: 201 (of 239)

Best time in course: 51:11

Rank in category: 22(of 23)

Best time in the category: 55:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:21	5:27	22	5:26	201	5:55	3.00	16:21	5:27	22	5:26	201	5:55
Lap 2	1.00	6:44	6:44	22	2:17	209	2:43	4.00	23:05	5:46	22	7:43	201	8:38
Lap 3	1.00	7:06	7:05	22	2:33	208	3:00	5.00	30:11	6:02	22	10:16	203	11:38
Lap 4	1.00	8:09	8:09	22	3:01	201	3:30	6.00	38:20	6:23	22	13:17	204	15:08
Last lap Hermann	2.60	20:21	7:49	22	8:00	212	8:52	8.60	58:41	6:49	22	21:17	206	24:00
vor der Schiene	2.63	23:50	9:03	22	8:40	193	10:08	11.23	1:22:31	7:20	22	29:57	204	33:32
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:33	7:53	22	1:08	189	1:25	11.70	1:26:04	7:21	22	31:04	203	1:26:04