



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Krehl, Günter

Club: VfL Ostelsheim

Number: 327

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:26:08

Speed: 7.66 km/h

Running performance: 7:22 min/km

Rank in course/Total: 266 (of 346)

Rank in course/Men: 203 (of 239)

Best time in course: 51:11

Rank in category: 4(of 9)

Best time in the category: 1:17:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:33	5:30	5	1:14	204	6:07	3.00	16:33	5:30	5	1:14	204	6:07
Lap 2	1.00	6:42	6:42	4	0:44	206	2:41	4.00	23:15	5:48	4	1:42	203	8:48
Lap 3	1.00	7:08	7:08	4	0:51	210	3:02	5.00	30:23	6:04	4	2:23	205	11:50
Lap 4	1.00	8:16	8:16	4	1:14	207	3:37	6.00	38:39	6:26	4	3:37	206	15:27
Last lap Hermann	2.60	19:28	7:29	4	2:08	198	7:59	8.60	58:07	6:45	4	5:44	204	23:26
vor der Schiene	2.63	24:12	9:12	5	2:19	196	10:30	11.23	1:22:19	7:19	4	8:03	201	33:20
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:49	8:28	5	0:31	205	1:41	11.70	1:26:08	7:21	4	8:33	205	1:26:08