



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Ganter, Elfriede

Club: LT Unterkirnach

Number: 70

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:26:20

Speed: 7.64 km/h

Running performance: 7:23 min/km

Rank in course/Total: 267 (of 346)

Rank in course/Women: 64 (of 107)

Best time in course: 58:28

Rank in category: 1(of 3)

Best time in the category: 1:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	17:03	5:41	1	-	74	4:44	3.00	17:03	5:41	1	-	74	4:44
Lap 2	1.00	6:42	6:42	1	-	66	1:54	4.00	23:45	5:56	1	-	70	6:38
Lap 3	1.00	7:03	7:02	1	-	70	2:14	5.00	30:48	6:09	1	-	69	8:52
Lap 4	1.00	8:04	8:03	1	-	65	2:40	6.00	38:52	6:28	1	-	67	11:30
Last lap Hermann	2.60	19:25	7:28	1	-	61	6:14	8.60	58:17	6:46	1	-	67	17:44
vor der Schiene	2.63	24:20	9:15	1	-	58	8:53	11.23	1:22:37	7:21	1	-	64	26:37
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:43	8:15	1	-	67	1:15	11.70	1:26:20	7:22	1	-	65	1:26:20