



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Braumann, Oskar

Club: Hunsrück-Marathon e.V.

Number: 280

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:27:08

Speed: 7.57 km/h

Running performance: 7:27 min/km

Rank in course/Total: 270 (of 346)

Rank in course/Men: 205 (of 239)

Best time in course: 51:11

Rank in category: 25(of 30)

Best time in the category: 1:00:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:03	5:21	24	4:08	197	5:37	3.00	16:03	5:21	24	4:08	197	5:37
Lap 2	1.00	6:28	6:28	24	1:40	197	2:27	4.00	22:31	5:37	24	5:48	197	8:04
Lap 3	1.00	6:47	6:46	23	1:50	198	2:41	5.00	29:18	5:51	24	7:35	198	10:45
Lap 4	1.00	8:33	8:33	27	2:55	215	3:54	6.00	37:51	6:18	25	10:30	200	14:39
Last lap Hermann	2.60	20:06	7:43	26	6:19	210	8:37	8.60	57:57	6:44	25	16:39	203	23:16
vor der Schiene	2.63	25:38	9:44	25	9:11	207	11:56	11.23	1:23:35	7:26	25	25:46	207	34:36
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:33	7:53	23	1:02	189	1:25	11.70	1:27:08	7:26	26	1:27:08	207	1:27:08