



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Oed, Lisa

Club: SSC Hanau-Rodenbach

Number: 13

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

weibliche Jugend U20 (16-19 Jahre)

Total time: 58:28

Speed: 11.29 km/h

Running performance: 5:00 min/km

Rank in course/Total: 28 (of 346)

Rank in course/Women: 1 (of 107)

Best time in course: 58:28

Rank in category: 1(of 19)

Best time in the category: 58:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	12:19	4:06	1	-	1	-	3.00	12:19	4:06	1	-	1	-
Lap 2	1.00	4:48	4:47	1	-	1	-	4.00	17:07	4:16	1	-	1	-
Lap 3	1.00	4:49	4:48	1	-	1	-	5.00	21:56	4:23	1	-	1	-
Lap 4	1.00	5:26	5:26	1	-	3	0:02	6.00	27:22	4:33	1	-	1	-
Last lap Hermann	2.60	13:11	5:04	1	-	1	-	8.60	40:33	4:42	1	-	1	-
vor der Schiene	2.63	15:27	5:52	1	-	1	-	11.23	56:00	4:59	1	-	1	-
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:28	5:28	1	-	1	-	11.70	58:28	4:59	1	-	2	58:28