



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Röthing, Sven

Club: GutsMuths-Rennsteiglaufverein
Number: 189

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:28:47

Speed: 7.43 km/h
Running performance: 7:35 min/km

Rank in course/Total: 280 (of 346)

Rank in course/Men: 211 (of 239)

Best time in course: 51:11

Rank in category: 16(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	16:58	5:39	15	4:19	210	6:32	3.00	16:58	5:39	15	4:19	210	6:32
Lap 2	1.00	6:50	6:49	15	1:45	210	2:49	4.00	23:48	5:57	15	6:02	212	9:21
Lap 3	1.00	7:05	7:04	15	1:47	207	2:59	5.00	30:53	6:10	15	7:47	212	12:20
Lap 4	1.00	8:15	8:15	15	2:26	206	3:36	6.00	39:08	6:31	15	10:01	212	15:56
Last lap Hermann	2.60	19:38	7:33	15	4:59	203	8:09	8.60	58:46	6:50	15	14:58	209	24:05
vor der Schiene	2.63	26:09	9:56	17	8:09	213	12:27	11.23	1:24:55	7:33	15	23:07	211	35:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:52	8:35	17	1:03	207	1:44	11.70	1:28:47	7:35	16	24:10	213	1:28:47