



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Lemme, Bärbel

Club: TSG Wittenburg

Number: 145

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:29:54

Speed: 7.34 km/h

Running performance: 7:41 min/km

Rank in course/Total: 285 (of 346)

Rank in course/Women: 73 (of 107)

Best time in course: 58:28

Rank in category: 4(of 5)

Best time in the category: 1:11:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	18:05	6:01	5	3:41	83	5:46	3.00	18:05	6:01	5	3:41	83	5:46
Lap 2	1.00	7:13	7:13	4	1:32	78	2:25	4.00	25:18	6:19	4	5:13	82	8:11
Lap 3	1.00	7:26	7:26	4	1:32	77	2:37	5.00	32:44	6:32	4	6:45	81	10:48
Lap 4	1.00	8:36	8:35	4	2:06	77	3:12	6.00	41:20	6:53	4	8:51	81	13:58
Last lap Hermann	2.60	20:30	7:53	4	4:20	72	7:19	8.60	1:01:50	7:11	4	13:11	78	21:17
vor der Schiene	2.63	24:28	9:18	4	4:41	60	9:01	11.23	1:26:18	7:41	4	17:52	74	30:18
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:36	8:00	4	0:40	63	1:08	11.70	1:29:54	7:41	4	18:32	74	1:29:54