



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Klementz, Sandra

Club: LAV 07 Bad Harzburg

Number: 117

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:30:36

Speed: 7.28 km/h

Running performance: 7:44 min/km

Rank in course/Total: 291 (of 346)

Rank in course/Women: 76 (of 107)

Best time in course: 58:28

Rank in category: 6(of 9)

Best time in the category: 1:03:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	16:27	5:29	6	3:26	65	4:08	3.00	16:27	5:29	6	3:26	65	4:08
Lap 2	1.00	6:55	6:55	6	1:48	72	2:07	4.00	23:22	5:50	6	5:14	64	6:15
Lap 3	1.00	7:16	7:15	7	2:01	74	2:27	5.00	30:38	6:07	6	7:15	67	8:42
Lap 4	1.00	8:26	8:26	6	2:33	73	3:02	6.00	39:04	6:30	6	9:48	71	11:42
Last lap Hermann	2.60	20:52	8:01	7	6:07	78	7:41	8.60	59:56	6:58	6	15:55	73	19:23
vor der Schiene	2.63	26:48	10:11	7	9:38	81	11:21	11.23	1:26:44	7:43	6	25:33	76	30:44
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:52	8:35	7	1:13	72	1:24	11.70	1:30:36	7:44	6	26:46	77	1:30:36