



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Jenke, Ute

Club: ASC Rosellen/Neuss

Number: 108

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:31:31

Speed: 7.21 km/h

Running performance: 7:49 min/km

Rank in course/Total: 296 (of 346)

Rank in course/Women: 79 (of 107)

Best time in course: 58:28

Rank in category: 7(of 9)

Best time in the category: 1:03:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	16:48	5:36	7	3:47	69	4:29	3.00	16:48	5:36	7	3:47	69	4:29
Lap 2	1.00	6:58	6:58	7	1:51	73	2:10	4.00	23:46	5:56	7	5:38	71	6:39
Lap 3	1.00	7:11	7:11	6	1:56	73	2:22	5.00	30:57	6:11	7	7:34	74	9:01
Lap 4	1.00	8:26	8:26	6	2:33	73	3:02	6.00	39:23	6:33	7	10:07	74	12:01
Last lap Hermann	2.60	20:37	7:55	6	5:52	73	7:26	8.60	1:00:00	6:58	7	15:59	74	19:27
vor der Schiene	2.63	27:38	10:30	9	10:28	87	12:11	11.23	1:27:38	7:48	7	26:27	79	31:38
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:53	8:37	9	1:14	75	1:25	11.70	1:31:31	7:49	7	27:41	80	1:31:31