



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Groeper, Uta**

Club: TSV Kuppingen

Number: 79

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:32:12

Speed: 7.16 km/h

Running performance: 7:53 min/km

Rank in course/Total: 298 (of 346)

Rank in course/Women: 80 (of 107)

Best time in course: 58:28

Rank in category: 13(of 16)

Best time in the category: 1:08:14

### Intermediate times

### Stage score

### Total ranking

| Control          | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |
|------------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                  |          |            |              |          |             | Pos Women   | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1            | 3.00     | 18:15      | 6:04         | 14       | 4:52        | 86          | 5:56         | 3.00          | 18:15      | 6:04         | 14       | 4:52        | 86        | 5:56         |
| Lap 2            | 1.00     | 7:21       | 7:20         | 14       | 2:06        | 85          | 2:33         | 4.00          | 25:36      | 6:24         | 14       | 6:58        | 85        | 8:29         |
| Lap 3            | 1.00     | 7:27       | 7:27         | 13       | 1:56        | 79          | 2:38         | 5.00          | 33:03      | 6:36         | 14       | 8:54        | 83        | 11:07        |
| Lap 4            | 1.00     | 8:32       | 8:31         | 13       | 2:15        | 76          | 3:08         | 6.00          | 41:35      | 6:55         | 14       | 11:09       | 82        | 14:13        |
| Last lap Hermann | 2.60     | 20:17      | 7:48         | 12       | 4:42        | 69          | 7:06         | 8.60          | 1:01:52    | 7:11         | 13       | 15:51       | 79        | 21:19        |
| vor der Schiene  | 2.63     | 25:59      | 9:52         | 12       | 7:07        | 75          | 10:32        | 11.23         | 1:27:51    | 7:49         | 13       | 22:36       | 80        | 31:51        |
| nach der Schiene | 0.02     | fehlt!     | -            | -        | -           | -           | -            | 11.25         | -          | -            | -        | -           | -         | -            |
| Brocken          | 0.45     | 4:21       | 9:39         | 14       | 1:35        | 94          | 1:53         | 11.70         | 1:32:12    | 7:52         | 13       | 23:58       | 81        | 1:32:12      |