



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Groeper, Uta

Club: TSV Kuppingen

Number: 79

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:32:12

Speed: 7.16 km/h

Running performance: 7:53 min/km

Rank in course/Total: 298 (of 346)

Rank in course/Women: 80 (of 107)

Best time in course: 58:28

Rank in category: 13(of 16)

Best time in the category: 1:08:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	18:15	6:04	14	4:52	86	5:56	3.00	18:15	6:04	14	4:52	86	5:56
Lap 2	1.00	7:21	7:20	14	2:06	85	2:33	4.00	25:36	6:24	14	6:58	85	8:29
Lap 3	1.00	7:27	7:27	13	1:56	79	2:38	5.00	33:03	6:36	14	8:54	83	11:07
Lap 4	1.00	8:32	8:31	13	2:15	76	3:08	6.00	41:35	6:55	14	11:09	82	14:13
Last lap Hermann	2.60	20:17	7:48	12	4:42	69	7:06	8.60	1:01:52	7:11	13	15:51	79	21:19
vor der Schiene	2.63	25:59	9:52	12	7:07	75	10:32	11.23	1:27:51	7:49	13	22:36	80	31:51
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:21	9:39	14	1:35	94	1:53	11.70	1:32:12	7:52	13	23:58	81	1:32:12