



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Winkler, Roland

Club: SCC Berlin

Number: 250

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:35:00

Speed: 6.95 km/h

Running performance: 8:07 min/km

Rank in course/Total: 301 (of 346)

Rank in course/Men: 219 (of 239)

Best time in course: 51:11

Rank in category: 9(of 9)

Best time in the category: 1:17:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	18:30	6:10	9	3:11	224	8:04	3.00	18:30	6:10	9	3:11	224	8:04
Lap 2	1.00	7:35	7:34	9	1:37	225	3:34	4.00	26:05	6:31	9	4:32	224	11:38
Lap 3	1.00	7:48	7:47	9	1:31	220	3:42	5.00	33:53	6:46	9	5:53	225	15:20
Lap 4	1.00	9:24	9:24	9	2:22	222	4:45	6.00	43:17	7:12	9	8:15	223	20:05
Last lap Hermann	2.60	21:40	8:20	9	4:20	220	10:11	8.60	1:04:57	7:33	9	12:34	220	30:16
vor der Schiene	2.63	25:52	9:50	7	3:59	210	12:10	11.23	1:30:49	8:05	9	16:33	220	41:50
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:11	9:17	9	0:53	220	2:03	11.70	1:35:00	8:07	9	17:25	221	1:35:00