



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hampel, Claudia

Club: TSV Barsinghausen

Number: 84

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:37:54

Speed: 6.74 km/h

Running performance: 8:22 min/km

Rank in course/Total: 310 (of 346)

Rank in course/Women: 89 (of 107)

Best time in course: 58:28

Rank in category: 10(of 11)

Best time in the category: 1:13:01

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	18:38	6:12	10	4:12	91	6:19	3.00	18:38	6:12	10	4:12	91	6:19
Lap 2	1.00	7:41	7:41	11	1:56	93	2:53	4.00	26:19	6:34	10	6:08	90	9:12
Lap 3	1.00	7:58	7:58	11	2:00	90	3:09	5.00	34:17	6:51	10	8:08	90	12:21
Lap 4	1.00	9:15	9:15	10	2:21	89	3:51	6.00	43:32	7:15	10	10:29	89	16:10
Last lap Hermann	2.60	22:08	8:30	10	5:34	87	8:57	8.60	1:05:40	7:38	10	16:03	89	25:07
vor der Schiene	2.63	27:57	10:37	9	7:44	90	12:30	11.23	1:33:37	8:20	10	23:47	89	37:37
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:17	9:31	10	1:06	91	1:49	11.70	1:37:54	8:22	10	24:53	90	1:37:54