



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Kopp, Andreas

Club: Post-SV Holzminden

Number: 124

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:41:03

Speed: 6.53 km/h

Running performance: 8:38 min/km

Rank in course/Total: 319 (of 346)

Rank in course/Men: 225 (of 239)

Best time in course: 51:11

Rank in category: 18(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	20:10	6:43	18	7:31	232	9:44	3.00	20:10	6:43	18	7:31	232	9:44
Lap 2	1.00	7:55	7:55	18	2:50	230	3:54	4.00	28:05	7:01	18	10:19	232	13:38
Lap 3	1.00	8:07	8:07	18	2:49	226	4:01	5.00	36:12	7:14	18	13:06	230	17:39
Lap 4	1.00	9:49	9:48	18	4:00	227	5:10	6.00	46:01	7:40	18	16:54	230	22:49
Last lap Hermann	2.60	22:39	8:42	18	8:00	224	11:10	8.60	1:08:40	7:59	18	24:52	226	33:59
vor der Schiene	2.63	28:15	10:44	18	10:15	220	14:33	11.23	1:36:55	8:37	18	35:07	226	47:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:08	9:11	18	1:19	219	2:00	11.70	1:41:03	8:38	18	36:26	227	1:41:03