



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Blessing, Walter

Club: LT Unterkirnach

Number: 21

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M75 (75 und älter)

Total time: 1:42:17

Speed: 6.45 km/h

Running performance: 8:44 min/km

Rank in course/Total: 320 (of 346)

Rank in course/Men: 226 (of 239)

Best time in course: 51:11

Rank in category: 4(of 7)

Best time in the category: 1:31:01

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.00	20:12	6:44	4	4:01	233	9:46	3.00	20:12	6:44	4	4:01	233	9:46
Lap 2	1.00	7:54	7:54	4	0:38	229	3:53	4.00	28:06	7:01	4	4:39	233	13:39
Lap 3	1.00	8:29	8:28	4	1:13	230	4:23	5.00	36:35	7:19	4	5:52	232	18:02
Lap 4	1.00	9:48	9:48	4	1:26	226	5:09	6.00	46:23	7:43	4	7:18	232	23:11
Last lap Hermann	2.60	23:07	8:53	4	2:46	225	11:38	8.60	1:09:30	8:04	4	10:04	229	34:49
vor der Schiene	2.63	28:19	10:46	4	3:36	221	14:37	11.23	1:37:49	8:42	4	11:11	227	48:50
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:28	9:55	5	0:39	227	2:20	11.70	1:42:17	8:44	4	11:16	228	1:42:17