



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Haferanke, Manfred

Club: Lauffreunde Gotha

Number: 83

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:44:49

Speed: 6.30 km/h

Running performance: 8:58 min/km

Rank in course/Total: 323 (of 346)

Rank in course/Men: 228 (of 239)

Best time in course: 51:11

Rank in category: 16(of 19)

Best time in the category: 1:10:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	19:56	6:38	17	6:10	231	9:30	3.00	19:56	6:38	17	6:10	231	9:30
Lap 2	1.00	8:07	8:07	17	2:37	232	4:06	4.00	28:03	7:00	17	8:44	231	13:36
Lap 3	1.00	8:56	8:56	17	3:14	233	4:50	5.00	36:59	7:23	17	11:50	233	18:26
Lap 4	1.00	10:12	10:11	17	3:36	233	5:33	6.00	47:11	7:51	17	15:22	233	23:59
Last lap Hermann	2.60	23:58	9:13	16	8:16	229	12:29	8.60	1:11:09	8:16	17	23:16	233	36:28
vor der Schiene	2.63	29:17	11:08	16	9:56	226	15:35	11.23	1:40:26	8:56	16	32:43	230	51:27
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:23	9:44	16	1:33	224	2:15	11.70	1:44:49	8:57	16	33:58	230	1:44:49