



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Richter, Michael**

Club: Laufclub BlueLiner

Number: 356

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:01

Speed: 6.28 km/h

Running performance: 8:59 min/km

Rank in course/Total: 324 (of 346)

Rank in course/Men: 229 (of 239)

Best time in course: 51:11

Rank in category: 23(of 23)

Best time in the category: 55:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	17:45	5:55	23	6:50	218	7:19	3.00	17:45	5:55	23	6:50	218	7:19
Lap 2	1.00	7:35	7:34	23	3:08	225	3:34	4.00	25:20	6:19	23	9:58	218	10:53
Lap 3	1.00	8:17	8:16	23	3:44	227	4:11	5.00	33:37	6:43	23	13:42	222	15:04
Lap 4	1.00	10:10	10:09	23	5:02	232	5:31	6.00	43:47	7:17	23	18:44	226	20:35
Last lap Hermann	2.60	25:33	9:49	23	13:12	235	14:04	8.60	1:09:20	8:03	23	31:56	228	34:39
vor der Schiene	2.63	30:50	11:43	23	15:40	232	17:08	11.23	1:40:10	8:55	23	47:36	229	51:11
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:51	10:46	23	2:26	231	2:43	11.70	1:45:01	8:58	23	50:01	231	1:45:01