



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Olma, Irmgard

Club: LG Welfen

Number: 172

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W70 (70-74 Jahre)

Total time: 1:45:34

Speed: 6.25 km/h

Running performance: 9:01 min/km

Rank in course/Total: 325 (of 346)

Rank in course/Women: 96 (of 107)

Best time in course: 58:28

Rank in category: 1(of 2)

Best time in the category: 1:45:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	20:58	6:59	1	-	103	8:39	3.00	20:58	6:59	1	-	103	8:39
Lap 2	1.00	9:00	9:00	1	-	103	4:12	4.00	29:58	7:29	1	-	103	12:51
Lap 3	1.00	9:20	9:20	1	-	102	4:31	5.00	39:18	7:51	1	-	103	17:22
Lap 4	1.00	11:13	11:13	1	-	102	5:49	6.00	50:31	8:25	1	-	103	23:09
Last lap Hermann	2.60	24:50	9:33	1	-	99	11:39	8.60	1:15:21	8:45	1	-	101	34:48
vor der Schiene	2.63	25:54	9:50	1	-	73	10:27	11.23	1:41:15	9:00	1	-	97	45:15
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:19	9:35	1	-	93	1:51	11.70	1:45:34	9:01	1	-	97	1:45:34