



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Grasmann, Edith

Club: SVG Ruhstorf/Rott

Number: 77

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:45:43

Speed: 6.24 km/h

Running performance: 9:02 min/km

Rank in course/Total: 326 (of 346)

Rank in course/Women: 97 (of 107)

Best time in course: 58:28

Rank in category: 3(of 3)

Best time in the category: 1:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	18:18	6:06	2	1:15	88	5:59	3.00	18:18	6:06	2	1:15	88	5:59
Lap 2	1.00	8:37	8:37	3	1:55	99	3:49	4.00	26:55	6:43	2	3:10	94	9:48
Lap 3	1.00	9:33	9:33	3	2:30	103	4:44	5.00	36:28	7:17	3	5:40	99	14:32
Lap 4	1.00	12:46	12:46	3	4:42	106	7:22	6.00	49:14	8:12	3	10:22	102	21:52
Last lap Hermann	2.60	24:32	9:26	3	5:07	98	11:21	8.60	1:13:46	8:34	3	15:29	100	33:13
vor der Schiene	2.63	27:47	10:33	3	3:27	88	12:20	11.23	1:41:33	9:02	3	18:56	98	45:33
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:10	9:15	3	0:27	87	1:42	11.70	1:45:43	9:02	3	19:23	98	1:45:43