



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Kummert, Kurt

Club: LAG Wesertal

Number: 136

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:46:40

Speed: 6.19 km/h

Running performance: 9:07 min/km

Rank in course/Total: 329 (of 346)

Rank in course/Men: 230 (of 239)

Best time in course: 51:11

Rank in category: 17(of 19)

Best time in the category: 1:10:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	19:30	6:30	15	5:44	228	9:04	3.00	19:30	6:30	15	5:44	228	9:04
Lap 2	1.00	7:29	7:29	15	1:59	222	3:28	4.00	26:59	6:44	15	7:40	228	12:32
Lap 3	1.00	8:04	8:03	15	2:22	225	3:58	5.00	35:03	7:00	15	9:54	228	16:30
Lap 4	1.00	9:51	9:50	16	3:15	228	5:12	6.00	44:54	7:29	15	13:05	228	21:42
Last lap Hermann	2.60	24:40	9:29	18	8:58	232	13:11	8.60	1:09:34	8:05	16	21:41	230	34:53
vor der Schiene	2.63	32:06	12:12	18	12:45	234	18:24	11.23	1:41:40	9:03	17	33:57	232	52:41
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	5:00	11:06	18	2:10	232	2:52	11.70	1:46:40	9:07	17	35:49	232	1:46:40