



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hoffmann, Ingrid

Club: TV Offenbach/Queich

Number: 320

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W75 (75 und älter)

Total time: 1:47:30

Speed: 6.14 km/h

Running performance: 9:11 min/km

Rank in course/Total: 332 (of 346)

Rank in course/Women: 101 (of 107)

Best time in course: 58:28

Rank in category: 1(of 3)

Best time in the category: 1:47:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	20:17	6:45	1	-	100	7:58	3.00	20:17	6:45	1	-	100	7:58
Lap 2	1.00	8:39	8:39	1	-	101	3:51	4.00	28:56	7:14	1	-	100	11:49
Lap 3	1.00	8:45	8:45	1	-	99	3:56	5.00	37:41	7:32	1	-	100	15:45
Lap 4	1.00	10:05	10:05	1	-	96	4:41	6.00	47:46	7:57	1	-	99	20:24
Last lap Hermann	2.60	24:30	9:25	1	-	97	11:19	8.60	1:12:16	8:24	1	-	99	31:43
vor der Schiene	2.63	30:32	11:36	1	-	97	15:05	11.23	1:42:48	9:09	1	-	101	46:48
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:42	10:26	1	-	99	2:14	11.70	1:47:30	9:11	1	-	102	1:47:30