



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Bendel, Siegfried

Club: SG Chemie Zeitz e.V.

Number: 182

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M75 (75 und älter)

Total time: 1:49:34

Speed: 6.02 km/h

Running performance: 9:22 min/km

Rank in course/Total: 334 (of 346)

Rank in course/Men: 233 (of 239)

Best time in course: 51:11

Rank in category: 5(of 7)

Best time in the category: 1:31:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	20:24	6:47	6	4:13	235	9:58	3.00	20:24	6:47	6	4:13	235	9:58
Lap 2	1.00	8:40	8:39	5	1:24	234	4:39	4.00	29:04	7:15	5	5:37	234	14:37
Lap 3	1.00	9:55	9:54	5	2:39	236	5:49	5.00	38:59	7:47	5	8:16	234	20:26
Lap 4	1.00	11:45	11:45	6	3:23	237	7:06	6.00	50:44	8:27	5	11:39	234	27:32
Last lap Hermann	2.60	24:47	9:31	5	4:26	233	13:18	8.60	1:15:31	8:46	5	16:05	234	40:50
vor der Schiene	2.63	29:40	11:16	5	4:57	230	15:58	11.23	1:45:11	9:21	5	18:33	235	56:12
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	4:23	9:44	3	0:34	224	2:15	11.70	1:49:34	9:21	5	18:33	235	1:49:34