



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Pfeuffer, Erika

Club: MTV Jahn Schladen

Number: 178

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W75 (75 und älter)

Total time: 2:07:15

Speed: 5.19 km/h

Running performance: 10:53 min/km

Rank in course/Total: 341 (of 346)

Rank in course/Women: 105 (of 107)

Best time in course: 58:28

Rank in category: 3(of 3)

Best time in the category: 1:47:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	25:39	8:32	3	5:22	106	13:20	3.00	25:39	8:32	3	5:22	106	13:20
Lap 2	1.00	10:29	10:28	3	1:50	106	5:41	4.00	36:08	9:01	3	7:12	106	19:01
Lap 3	1.00	10:18	10:18	3	1:33	105	5:29	5.00	46:26	9:17	3	8:45	106	24:30
Lap 4	1.00	12:08	12:07	3	2:03	105	6:44	6.00	58:34	9:45	3	10:48	106	31:12
Last lap Hermann	2.60	28:24	10:55	3	3:54	105	15:13	8.60	1:26:58	10:06	3	14:42	106	46:25
vor der Schiene	2.63	34:22	13:04	3	3:50	103	18:55	11.23	2:01:20	10:48	3	18:32	105	1:05:20
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	5:55	13:08	3	1:13	105	3:27	11.70	2:07:15	10:52	3	19:45	106	2:07:15