



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Krieghoff, Marcel

Club: sc impuls erfurt

Number: 3

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 52:09

Speed: 12.66 km/h

Running performance: 4:28 min/km

Rank in course/Total: 5 (of 346)

Rank in course/Men: 5 (of 239)

Best time in course: 51:11

Rank in category: 5(of 44)

Best time in the category: 51:11

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	10:40	3:33	5	0:14	5	0:14	3.00	10:40	3:33	5	0:14	5	0:14
Lap 2	1.00	4:10	4:10	4	0:09	4	0:09	4.00	14:50	3:42	5	0:23	5	0:23
Lap 3	1.00	4:13	4:13	4	0:07	4	0:07	5.00	19:03	3:48	5	0:30	5	0:30
Lap 4	1.00	4:45	4:45	6	0:06	6	0:06	6.00	23:48	3:58	5	0:36	5	0:36
Last lap Hermann	2.60	11:59	4:36	5	0:30	5	0:30	8.60	35:47	4:09	5	1:06	5	1:06
vor der Schiene	2.63	14:08	5:22	3	0:26	3	0:26	11.23	49:55	4:26	5	0:56	5	0:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:14	4:57	5	0:06	6	0:06	11.70	52:09	4:27	5	0:58	6	52:09