



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Kreisel, Götz

Club: ASC Rosellen/Neuss

Number: 127

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:00:14

Speed: 10.96 km/h

Running performance: 5:09 min/km

Rank in course/Total: 47 (of 346)

Rank in course/Men: 45 (of 239)

Best time in course: 51:11

Rank in category: 5(of 23)

Best time in the category: 55:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:11	4:03	5	1:16	66	1:45	3.00	12:11	4:03	5	1:16	66	1:45
Lap 2	1.00	4:45	4:45	2	0:18	47	0:44	4.00	16:56	4:14	5	1:34	65	2:29
Lap 3	1.00	4:57	4:57	3	0:24	57	0:51	5.00	21:53	4:22	6	1:58	65	3:20
Lap 4	1.00	5:37	5:36	6	0:29	55	0:58	6.00	27:30	4:34	6	2:27	60	4:18
Last lap Hermann	2.60	13:43	5:16	5	1:22	43	2:14	8.60	41:13	4:47	5	3:49	56	6:32
vor der Schiene	2.63	16:23	6:13	4	1:13	34	2:41	11.23	57:36	5:07	4	5:02	42	8:37
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:38	5:51	7	0:13	67	0:30	11.70	1:00:14	5:08	5	5:14	46	1:00:14