



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schmider, Simon

Club: Running Team Ortenau

Number: 201

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:00:44

Speed: 10.87 km/h

Running performance: 5:11 min/km

Rank in course/Total: 54 (of 346)

Rank in course/Men: 51 (of 239)

Best time in course: 51:11

Rank in category: 5(of 12)

Best time in the category: 58:06

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:54	3:58	2	0:18	46	1:28	3.00	11:54	3:58	2	0:18	46	1:28
Lap 2	1.00	4:45	4:45	4	0:03	47	0:44	4.00	16:39	4:09	3	0:19	47	2:12
Lap 3	1.00	4:50	4:49	3	0:06	38	0:44	5.00	21:29	4:17	4	0:15	46	2:56
Lap 4	1.00	5:29	5:29	3	0:07	43	0:50	6.00	26:58	4:29	4	0:15	45	3:46
Last lap Hermann	2.60	13:40	5:15	4	0:32	40	2:11	8.60	40:38	4:43	4	0:41	41	5:57
vor der Schiene	2.63	17:17	6:34	5	1:41	56	3:35	11.23	57:55	5:09	5	2:22	48	8:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:49	6:15	8	0:18	92	0:41	11.70	1:00:44	5:11	5	2:38	52	1:00:44