



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

George, Simon-David

Club: NSV Wernigerode

Number: 301

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 1:01:04

Speed: 10.81 km/h

Running performance: 5:13 min/km

Rank in course/Total: 58 (of 346)

Rank in course/Men: 55 (of 239)

Best time in course: 51:11

Rank in category: 27(of 44)

Best time in the category: 51:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:55	3:58	27	1:29	49	1:29	3.00	11:55	3:58	27	1:29	49	1:29
Lap 2	1.00	4:45	4:45	26	0:44	47	0:44	4.00	16:40	4:10	27	2:13	49	2:13
Lap 3	1.00	4:51	4:50	24	0:45	44	0:45	5.00	21:31	4:18	27	2:58	49	2:58
Lap 4	1.00	5:32	5:31	25	0:53	48	0:53	6.00	27:03	4:30	27	3:51	47	3:51
Last lap Hermann	2.60	13:57	5:21	28	2:28	55	2:28	8.60	41:00	4:46	26	6:19	52	6:19
vor der Schiene	2.63	17:18	6:34	27	3:36	57	3:36	11.23	58:18	5:11	27	9:19	54	9:19
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:46	6:08	35	0:38	86	0:38	11.70	1:01:04	5:13	27	9:53	56	1:01:04