



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

## Detailed evaluation

**Radecker, Sebastian**

Club: Laufclub BlueLiner

Number: 183

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:01:24

Speed: 10.75 km/h

Running performance: 5:15 min/km

Rank in course/Total: 61 (of 346)

Rank in course/Men: 58 (of 239)

Best time in course: 51:11

Rank in category: 8(of 24)

Best time in the category: 55:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:25	3:48	4	0:20	26	0:59	3.00	11:25	3:48	4	0:20	26	0:59
Lap 2	1.00	4:44	4:44	9	0:21	43	0:43	4.00	16:09	4:02	6	0:41	29	1:42
Lap 3	1.00	4:57	4:57	9	0:26	57	0:51	5.00	21:06	4:13	7	1:04	30	2:33
Lap 4	1.00	5:41	5:41	9	0:33	60	1:02	6.00	26:47	4:27	8	1:34	39	3:35
Last lap Hermann	2.60	14:11	5:27	8	1:33	61	2:42	8.60	40:58	4:45	8	3:07	49	6:17
vor der Schiene	2.63	17:42	6:43	10	2:20	69	4:00	11.23	58:40	5:13	8	5:27	58	9:41
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:44	6:04	13	0:23	84	0:36	11.70	1:01:24	5:14	8	5:44	59	1:01:24