



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

## Detailed evaluation

**Braukhoff, Jan Luca**

Club: LG Fulda

Number: 278

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:02:02

Speed: 10.64 km/h

Running performance: 5:18 min/km

Rank in course/Total: 69 (of 346)

Rank in course/Men: 65 (of 239)

Best time in course: 51:11

Rank in category: 12(of 26)

Best time in the category: 54:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:29	4:09	17	1:28	84	2:03	3.00	12:29	4:09	17	1:28	84	2:03
Lap 2	1.00	5:03	5:02	18	0:42	90	1:02	4.00	17:32	4:23	17	2:05	84	3:05
Lap 3	1.00	5:04	5:03	15	0:36	72	0:58	5.00	22:36	4:31	17	2:40	85	4:03
Lap 4	1.00	5:50	5:49	13	0:52	73	1:11	6.00	28:26	4:44	16	3:21	82	5:14
Last lap Hermann vor der Schiene	2.60	14:15	5:28	12	1:46	65	2:46	8.60	42:41	4:57	12	5:07	72	8:00
nach der Schiene	2.63	16:55	6:25	8	2:36	47	3:13	11.23	59:36	5:18	12	7:43	65	10:37
Brocken	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
	0.45	2:26	5:24	7	0:13	27	0:18	11.70	1:02:02	5:18	12	7:45	66	1:02:02