



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Wilshusen, Matthias

Club: Laufclub BlueLiner

Number: 246

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:02:15

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 70 (of 346)

Rank in course/Men: 66 (of 239)

Best time in course: 51:11

Rank in category: 9(of 24)

Best time in the category: 55:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:52	3:57	9	0:47	42	1:26	3.00	11:52	3:57	9	0:47	42	1:26
Lap 2	1.00	4:43	4:43	8	0:20	39	0:42	4.00	16:35	4:08	9	1:07	43	2:08
Lap 3	1.00	4:55	4:55	8	0:24	54	0:49	5.00	21:30	4:17	9	1:28	48	2:57
Lap 4	1.00	5:38	5:38	8	0:30	57	0:59	6.00	27:08	4:31	9	1:55	51	3:56
Last lap Hermann	2.60	14:24	5:32	9	1:46	73	2:55	8.60	41:32	4:49	9	3:41	62	6:51
vor der Schiene	2.63	18:05	6:52	12	2:43	81	4:23	11.23	59:37	5:18	9	6:24	66	10:38
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:38	5:51	10	0:17	67	0:30	11.70	1:02:15	5:19	9	6:35	67	1:02:15