



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Noll, Melanie

Club: TuS 06 Heltersberg

Number: 375

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Frauen (20-34 Jahre)

Total time: 1:02:56

Speed: 10.49 km/h

Running performance: 5:23 min/km

Rank in course/Total: 73 (of 346)

Rank in course/Women: 5 (of 107)

Best time in course: 58:28

Rank in category: 4(of 18)

Best time in the category: 59:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	13:04	4:21	5	0:45	8	0:45	3.00	13:04	4:21	5	0:45	8	0:45
Lap 2	1.00	5:09	5:09	5	0:21	7	0:21	4.00	18:13	4:33	5	1:05	8	1:06
Lap 3	1.00	5:18	5:17	5	0:27	7	0:29	5.00	23:31	4:42	5	1:29	8	1:35
Lap 4	1.00	5:51	5:50	4	0:27	5	0:27	6.00	29:22	4:53	5	1:56	7	2:00
Last lap Hermann	2.60	14:14	5:28	4	0:59	5	1:03	8.60	43:36	5:04	4	2:55	5	3:03
vor der Schiene	2.63	16:39	6:19	3	0:37	4	1:12	11.23	1:00:15	5:21	4	3:32	5	4:15
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:41	5:57	3	0:05	6	0:13	11.70	1:02:56	5:22	5	1:02:56	6	1:02:56