



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hänsch, Uwe

Club: OSC Löbau

Number: 88

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:03:03

Speed: 10.47 km/h

Running performance: 5:23 min/km

Rank in course/Total: 74 (of 346)

Rank in course/Men: 69 (of 239)

Best time in course: 51:11

Rank in category: 3(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Lap 1	3.00	12:22	4:07	4	0:27	79	1:56	3.00	12:22	4:07	4	0:27	79	1:56
Lap 2	1.00	5:01	5:00	6	0:13	85	1:00	4.00	17:23	4:20	4	0:40	80	2:56
Lap 3	1.00	5:08	5:08	3	0:11	76	1:02	5.00	22:31	4:30	4	0:48	79	3:58
Lap 4	1.00	5:46	5:46	3	0:08	63	1:07	6.00	28:17	4:42	3	0:56	75	5:05
Last lap Hermann	2.60	14:22	5:31	3	0:35	72	2:53	8.60	42:39	4:57	3	1:21	69	7:58
vor der Schiene	2.63	17:36	6:41	4	1:09	65	3:54	11.23	1:00:15	5:21	3	2:26	69	11:16
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:48	6:13	7	0:17	90	0:40	11.70	1:03:03	5:23	4	1:03:03	70	1:03:03