



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Scholz, Christian

Club: LG Allgäu

Number: 206

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:37

Speed: 10.37 km/h

Running performance: 5:26 min/km

Rank in course/Total: 80 (of 346)

Rank in course/Men: 75 (of 239)

Best time in course: 51:11

Rank in category: 9(of 23)

Best time in the category: 55:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.00	12:22	4:07	9	1:27	79	1:56	3.00	12:22	4:07	9	1:27	79	1:56	
Lap 2	1.00	4:58	4:58	9	0:31	77	0:57	4.00	17:20	4:19	9	1:58	79	2:53	
Lap 3	1.00	5:11	5:11	10	0:38	83	1:05	5.00	22:31	4:30	10	2:36	79	3:58	
Lap 4	1.00	5:51	5:50	10	0:43	75	1:12	6.00	28:22	4:43	10	3:19	80	5:10	
Last lap Hermann	2.60	14:33	5:35	9	2:12	77	3:04	8.60	42:55	4:59	10	5:31	80	8:14	
vor der Schiene	2.63	18:04	6:52	11	2:54	80	4:22	11.23	1:00:59	5:25	9	8:25	74	12:00	
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-	
Brocken	0.45	2:38	5:51	7	0:13	67	0:30	11.70	1:03:37	5:26	9	8:37	76	1:03:37	