



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Seidl, Manuel**

Club: LG Filder

Number: 218

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:03:55

Speed: 10.33 km/h

Running performance: 5:28 min/km

Rank in course/Total: 88 (of 346)

Rank in course/Men: 82 (of 239)

Best time in course: 51:11

Rank in category: 12(of 24)

Best time in the category: 55:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:19	4:06	11	1:14	76	1:53	3.00	12:19	4:06	11	1:14	76	1:53
Lap 2	1.00	4:58	4:58	10	0:35	77	0:57	4.00	17:17	4:19	11	1:49	77	2:50
Lap 3	1.00	5:18	5:17	13	0:47	96	1:12	5.00	22:35	4:30	11	2:33	83	4:02
Lap 4	1.00	5:56	5:56	10	0:48	84	1:17	6.00	28:31	4:45	11	3:18	86	5:19
Last lap Hermann	2.60	14:49	5:41	12	2:11	88	3:20	8.60	43:20	5:02	10	5:29	83	8:39
vor der Schiene	2.63	17:56	6:49	11	2:34	72	4:14	11.23	1:01:16	5:27	11	8:03	80	12:17
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:39	5:53	11	0:18	72	0:31	11.70	1:03:55	5:27	12	8:15	83	1:03:55