



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Holland-Moritz, Denny**

Club: GutsMuths-Rennsteiglaufverein

Number: 100

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 1:04:26

Speed: 10.24 km/h

Running performance: 5:31 min/km

Rank in course/Total: 89 (of 346)

Rank in course/Men: 83 (of 239)

Best time in course: 51:11

Rank in category: 35(of 44)

Best time in the category: 51:11

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                  |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1            | 3.00        | 11:55         | 3:58            | 27          | 1:29           | 49          | 1:29          | 3.00          | 11:55         | 3:58            | 27          | 1:29           | 49         | 1:29          |
| Lap 2            | 1.00        | 4:50          | 4:49            | 32          | 0:49           | 65          | 0:49          | 4.00          | 16:45         | 4:11            | 30          | 2:18           | 55         | 2:18          |
| Lap 3            | 1.00        | 5:02          | 5:01            | 34          | 0:56           | 70          | 0:56          | 5.00          | 21:47         | 4:21            | 31          | 3:14           | 59         | 3:14          |
| Lap 4            | 1.00        | 5:58          | 5:58            | 37          | 1:19           | 90          | 1:19          | 6.00          | 27:45         | 4:37            | 33          | 4:33           | 66         | 4:33          |
| Last lap Hermann | 2.60        | 15:08         | 5:49            | 38          | 3:39           | 102         | 3:39          | 8.60          | 42:53         | 4:59            | 37          | 8:12           | 79         | 8:12          |
| vor der Schiene  | 2.63        | 18:39         | 7:05            | 35          | 4:57           | 95          | 4:57          | 11.23         | 1:01:32       | 5:28            | 35          | 12:33          | 83         | 12:33         |
| nach der Schiene | 0.02        | fehlt!        | -               | -           | -              | -           | -             | 11.25         | -             | -               | -           | -              | -          | -             |
| Brocken          | 0.45        | 2:54          | 6:26            | 38          | 0:46           | 118         | 0:46          | 11.70         | 1:04:26       | 5:30            | 35          | 13:15          | 84         | 1:04:26       |