



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Ifftner, Leon-Magnus

Club: LG Braunschweig

Number: 324

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:04:47

Speed: 10.19 km/h

Running performance: 5:32 min/km

Rank in course/Total: 93 (of 346)

Rank in course/Men: 86 (of 239)

Best time in course: 51:11

Rank in category: 15(of 26)

Best time in the category: 54:17

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	11:54	3:58	9	0:53	46	1:28	3.00	11:54	3:58	9	0:53	46	1:28
Lap 2	1.00	4:47	4:46	10	0:26	54	0:46	4.00	16:41	4:10	9	1:14	50	2:14
Lap 3	1.00	5:10	5:10	18	0:42	81	1:04	5.00	21:51	4:22	11	1:55	62	3:18
Lap 4	1.00	5:51	5:50	14	0:53	75	1:12	6.00	27:42	4:36	11	2:37	65	4:30
Last lap Hermann	2.60	15:10	5:49	17	2:41	105	3:41	8.60	42:52	4:59	15	5:18	77	8:11
vor der Schiene	2.63	19:13	7:18	15	4:54	113	5:31	11.23	1:02:05	5:31	15	10:12	87	13:06
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:42	6:00	14	0:29	77	0:34	11.70	1:04:47	5:32	15	10:30	87	1:04:47