



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Fiess, Michael

Club: LAG Wesertal

Number: 58

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:04:54

Speed: 10.17 km/h

Running performance: 5:33 min/km

Rank in course/Total: 96 (of 346)

Rank in course/Men: 88 (of 239)

Best time in course: 51:11

Rank in category: 5(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.00	13:31	4:30	12	1:36	127	3:05	3.00	13:31	4:30	12	1:36	127	3:05	
Lap 2	1.00	5:18	5:17	11	0:30	124	1:17	4.00	18:49	4:42	12	2:06	127	4:22	
Lap 3	1.00	5:24	5:24	9	0:27	113	1:18	5.00	24:13	4:50	11	2:30	125	5:40	
Lap 4	1.00	6:06	6:05	5	0:28	104	1:27	6.00	30:19	5:03	11	2:58	123	7:07	
Last lap Hermann vor der Schiene	2.60	14:38	5:37	5	0:51	82	3:09	8.60	44:57	5:13	10	3:39	114	10:16	
nach der Schiene	2.63	17:19	6:35	3	0:52	58	3:37	11.23	1:02:16	5:32	6	4:27	89	13:17	
Brocken	0.45	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-	
		0.45	2:38	5:51	4	0:07	67	0:30	11.70	1:04:54	5:32	6	1:04:54	89	1:04:54