



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Berndt, Thomas

Club: SSV Planeta Radebeul

Number: 18

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:02

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 98 (of 346)

Rank in course/Men: 90 (of 239)

Best time in course: 51:11

Rank in category: 6(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:31	4:10	5	0:36	89	2:05	3.00	12:31	4:10	5	0:36	89	2:05
Lap 2	1.00	5:06	5:05	7	0:18	99	1:05	4.00	17:37	4:24	5	0:54	90	3:10
Lap 3	1.00	5:24	5:24	9	0:27	113	1:18	5.00	23:01	4:36	6	1:18	96	4:28
Lap 4	1.00	6:09	6:09	9	0:31	108	1:30	6.00	29:10	4:51	6	1:49	97	5:58
Last lap Hermann	2.60	14:57	5:44	7	1:10	96	3:28	8.60	44:07	5:07	6	2:49	96	9:26
vor der Schiene	2.63	18:13	6:55	6	1:46	85	4:31	11.23	1:02:20	5:33	7	4:31	90	13:21
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:42	6:00	6	0:11	77	0:34	11.70	1:05:02	5:33	7	1:05:02	91	1:05:02